

Jamie A. Spiegel, Ph.D.

EMPLOYMENT & APPOINTMENTS

- 2022 – Present **Assistant Professor**
Department of Psychology
College of Arts and Sciences
University of South Alabama
Mobile, Alabama
- 2020 – 2022 **Postdoctoral Fellow**
S.E.L.F. Regulation Lab
Center for Children and Families
Department of Psychology
College of Arts and Sciences
Florida International University
Miami, FL

EDUCATION & TRAINING

- 2016 – 2020 **Ph.D. in Clinical Psychology**
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2019 – 2020 **Pre-doctoral Clinical Internship**
Cincinnati Children's Hospital, Cincinnati, OH
O'Grady Clinical Psychology Resident
APA-accredited pre-doctoral clinical psychology internship
Rotations: ADHD, Epilepsy, Mayerson, Sleep Disorders, & TKOC clinics
- 2013 – 2016 **Masters of Science in Clinical Psychology**
Florida State University, Tallahassee, FL
Major Professor: Christopher Lonigan, Ph.D.
- 2012 – 2013 **Masters of Arts in Psychology**
Stony Brook University, Stony Brook, NY
Major Professor: Harriet Watters, Ph.D.
- 2008 – 2012 **Bachelor of Arts in Psychology and Education**
Adelphi University, Garden City, NY
Honors Degree; Summa Cum Laude

LICENSES

- Current Licensed in Florida PY 11447
2021 Parent Child Interaction Therapy (PCIT) Certified

HONORS AND REWARDS

- 2021 CASE Faculty Award for Research Excellence

2018	Russell and Eugenia Morcom Graduate Research Development Excellence Award
2017	Society for Research in Child Development Travel Award
2013 - 2016	Predocctoral Interdisciplinary Research Training Fellowship funded by the Institute of Educational Sciences (IES)
2014, 2016	Graduate Research Development Award

RESEARCH INTERESTS

Developmental psychopathology. Individual differences in functional impairments associated with externalizing behavior disorders (emphasis on ADHD). Cognitive, temperamental, and parental factors which may moderate or influence the heterogeneity in presentation of functional impairments. A large portion of my work has focused on the impact of executive functions on the presentation of impairments in academic functioning in children who are neurotypical and those diagnosed with ADHD.

Psychopathology and intervention in minoritized populations. Examine the efficacy of evidence-based intervention protocols (e.g., behavioral parent training, cognitive behavioral therapy) when utilized with minoritized populations. Develop culturally sensitive adaptations for intervention protocols to better address the needs of minoritized groups, who have been largely underrepresented in previous intervention trials.

PEER-REVIEWED JOURNAL ARTICLES

1. Hernandez, M., **Spiegel, J.A.**, Dick, A., & Graziano, P. (2022). Individual differences in germ spreading behaviors among children with Attention-Deficit/Hyperactivity Disorder (ADHD): The role of executive functioning. *Pediatric Psychology*.
2. **Spiegel, J.A.**, Graziano, P.A., Arcia, E. & Sundari Foundation (2022). Addressing mental health and trauma-related needs of sheltered children and families with Trauma Focused Cognitive Behavioral Therapy (TF-CBT). *Administration and Policy in Mental Health and Mental Health Services Research*.
3. Lonigan, C. J., Hand, E. D., **Spiegel, J. A.**, Morris, B. M., Jungersen, C. M., Alfonso, S. V., & Phillips, B. M. (2022). Does preschool children's self-regulation moderate the impacts of instructional activities? Evidence from a randomized intervention study. *Journal of Experimental Child Psychology*, 216, 105321.
4. Soto, E.F., Irwin, L.N., Chan, E.S.M., **Spiegel, J.A.**, & Kofler, M.J. (2021). Executive functions and writing skills in children with and without ADHD. *Neuropsychology*, 35(8), 792.
5. **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (2021). Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis. *Psychological Bulletin*, 147(4), 329.
6. Singer, J., **Spiegel, J.A.**, Papa, A. (2020). Pre-Loss Grief in Family Members of COVID-19 Patients: Recommendations for Clinicians and Researchers. *Psychological Trauma: Theory, Research, Practice and Policy*, 12(S1), S90.

7. Kofler, M.J., Singh, L.J., Soto, E.F., Chan, E.S.M., Miller, C.E., Harmon, S.L., & **Spiegel, J.A.** (2020). Working memory and short-term memory deficits in ADHD: A bifactor modeling approach. *Neuropsychology*, 34(6), 686.
8. Kofler, M.J., Irwin, L.N., Sarver, D.E., Fosco, W.D., Miller, C.E., **Spiegel, J.A.**, & Becker, S.P. (2019). What cognitive processes are 'sluggish' in sluggish cognitive tempo?. *Journal of Consulting and Clinical Psychology*, 87(11), 1030.
9. Kofler, M.J., **Spiegel, J.A.**, Soto, E.F., Irwin, L.N., Wells, E.L., & Austin, K.E. (2019). Do working memory deficits underlie reading problems in attention-deficit/hyperactivity disorder (ADHD)? *Journal of Abnormal Child Psychology*, 47, 433-446.
10. **Spiegel, J. A.**, & Lonigan, C. J. (2018). A head-to-toes approach to computerized testing of executive functioning in young children. *Early Childhood Research Quarterly*, 44, 15-23.
11. Kofler, M. J., Harmon, S. L., Aduen, P. A., Day, T. N., Austin, K. E., **Spiegel, J. A.**, ... & Sarver, D. E. (2018). Neurocognitive and behavioral predictors of social problems in ADHD: A Bayesian framework. *Neuropsychology*, 32, 344.
12. Kofler, M.J., **Spiegel, J.A.**, Austin, K., Irwin, L., Soto, E.F., & Sarver, D.E. (2017). Are episodic buffer processes intact in ADHD? Experimental evidence and linkage with hyperactive behavior. *Journal of Abnormal Child Psychology*, 46, 1171-1185.
13. **Spiegel, J. A.**, Lonigan, C. J., & Phillips, B. M. (2017). Factor Structure and Utility of the Behavior Rating Inventory of Executive Function-Preschool Version. *Psychological Assessment*, 29, 172.
14. Lonigan, C. J., **Spiegel, J. A.**, Goodrich, J. M., Morris, B. M., Osborne, C., Lerner, M., & Phillips, B. M. (2016). Does Preschool Self-Regulation Predict Later Behavior Problems in General or Specific Problem Behaviors? *Journal of Abnormal Child Psychology*, 45, 1491-1502.
15. Kofler, M. J., Sarver, D. E., **Spiegel, J. A.**, Day, T. N., Harmon, S. L., & Wells, E. L. (2016). Heterogeneity in ADHD: Neurocognitive Predictors of Peer, Family, and Academic Functioning. *Child Neuropsychology*, 23, 733-759.

POSTER PRESENTATIONS

1. **Spiegel, J.A.**, Sanchez, C.R., Hernandez, M.L., Graziano, P.A. (2021, July). *Examining the efficacy of online administration of time-limited PCIT in the face of COVID-19*. Poster presented to the Annual Parent Child Interaction Therapy (PCIT) International Conference, Virtual Convention.
2. Hernandez, M.L., **Spiegel, J.A.**, Hare, M.M., Dick, A.S., & Graziano, P.A. (2020, November) *Examining the role of executive functioning in young children with attention-deficit/hyperactivity disorder*. Poster presented to the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
3. Soto, E. F., Irwin, L. N., Chan, E. S. M., **Spiegel, J. A.**, Gaye, F., Cole, A., & Kofler, M. J. (2020, November). *Do teacher rated child ADHD symptoms conditionally effect the relationship between child executive functioning and writing abilities?* Poster presented

to the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.

4. **Spiegel, J.A.**, & Lonigan, C.J. (2019, March). *The relation of executive function skills to externalizing behaviors: A meta-analytic review*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Baltimore, MD.
5. **Spiegel, J.A.**, & Lonigan, C.J. (2018, November). *Relations between executive function skills and academic outcomes in elementary school children: A meta-analysis*. Poster presented at the annual Learning Disorder Consortium, Houston, TX.
6. **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., & Lonigan, C.J. (2018, April). *Relations between executive functions and academic outcomes in elementary school: A meta-analysis*. Presentation given at the annual Graduate Research Day, Tallahassee, FL.
7. Morris, B.M., **Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does growth in working memory predict growth in reading achievement*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
8. Osborne, C.M., **Spiegel, J. A.**, & Lonigan, C.J. (2017, April). *General and specific defiant behaviors and their relation to literacy ability in boys and girls*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, TX.
9. **Spiegel, J.A.**, & Lonigan, C.J. (2017, April). *Does inattention matter equally for all children? Examining inattention and literacy skills across the spectrum of reading ability*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.
10. Lonigan, C.J., **Spiegel, J.A.**, Goodrich, J.M., Morris, B.M., Osborne, C.M., Lerner, M.D., & Phillips, B.M. (2017, April). *Does preschool self-regulation predict later behavior problems in general or specific problem behaviors?* Presentation given at the biennial meeting of the Society for Research In Child Development, Austin, TX.
11. Aduen, P.A., Kofler, M.J., Sarver, D.E., Day, T., **Spiegel, J.A.**, & Harmon, S. (2017, April). *Characterization and cognitive predictors of social skills deficits in children with ADHD*. Poster presented at the biannual meeting for the Society for Research in Child Development (SRCD), Austin, Tx.
12. **Spiegel, J.A.**, Lerner, M.D., & Lonigan, C.J. (2016, July). *Do differential relations exist between inhibitory control and working memory and preschool literacy-related abilities?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Puerto, Portugal.
13. **Spiegel, J.A.**, & Lonigan, C.J. (2016, February). *Head-to-Toes approach to computerized testing of executive functioning*. Poster presented at the annual meeting of the Pacific Coast Research Conference, San Diego, CA.
14. **Spiegel, J.A.**, Lonigan, C.J., & Phillips, B.M. (2015, July). *Does preschool children's self-regulation moderate the effects of classroom instruction on early literacy skills?* Poster presented at the annual meeting of the Society for the Scientific Study of Reading, Hapuna Beach, HI.

15. **Spiegel, J. A.**, & Lonigan, C.J. (2015, April). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at Graduate Research Day at Florida State University.
16. **Spiegel, J. A.**, & Lonigan, C.J. (2015, March). *Performance-based vs. teacher report measures of executive function in predicting literacy outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
17. Allan, D., Lerner, M., Farrington, A., **Spiegel, J.A.**, & Lonigan, C.J. (2015, March). *Longitudinal associations between executive functioning skills in preschool and later internalizing symptoms: A multi-method study*. Presentation given at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
18. Tuppett, Y., **Spiegel, J.A.**, & Waters, H. (2014, March). *Secure base scripts in an at-risk sample: Comparisons to typical development and correlates with adjustment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
19. **Spiegel J.**, & Fiori K. (2012, April). *Facebook usage, attachment style, and intimacy within peer relationships*. Poster presented at Adelphi University Research Conference, Garden City NY.

GRANT SUBMISSIONS

RFA-MH-21-230 | PI (Spiegel, Graziano) | Impact Score = 56 | NIMH
 Does adding brief CBT for parents undergoing Parent-Child Interaction Therapy improve child-level behavioral and emotional outcomes?: Examination of a sequencing trial in preschoolers with ADHD

RFA-84.305A | PI (Spiegel, Graziano) | Score = 2.12 | IES
 Closing the school readiness achievement gap amongst children experiencing homelessness: The READ to ME study

INVITED TRAININGS & TALKS

January 2021	Motivational Interviewing <i>Kristi House, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (MINT trainer) & Jamie Spiegel
June 2021	Preschool Summer Treatment Program Training
June 2022	<i>Florida International University, Miami, FL</i> <u>Presenters:</u> Paulo Graziano, Jamie Spiegel, Melissa Hernandez
January 2021	Motivational Interviewing
January 2022	<i>Florida International University, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (MINT trainer) & Jamie Spiegel
September 2020	Parent Child Interaction Therapy Training
September 2021	<i>Florida International University CCF PCIT Clinic, Miami, FL</i> <u>Presenters:</u> Paulo Graziano (certified PCIT International Within Agency Trainer) & Jamie Spiegel

June - July 2018 **Introduction to Mindfulness**
Apalachee Center, Tallahassee, FL
Presenters: Jamie Spiegel & Erica Wells

January 2018 **Understanding ADHD and Finding Community Resources**
Apalachee Center, Tallahassee, FL
Presenters: Jamie Spiegel & Erica Wells

TEACHING, SUPERVISION, & MENTORSHIP

Teaching:

Summer 2019 **Instructor – Abnormal Child Psychology**
Spring 2019 *Florida State University*
Fall 2018
Summer 2016

2014 – Fall 2019 **Instructor – Directed Individualized Studies**
Florida State University

March 9, 2018 **Guest Lecturer – Staffing on Specific Learning Disorders and**
April 22, 2016 **Response to Intervention**
Florida State University, Psychology Clinic

Summer 2017 **Instructor – Introduction to Conducting Literature and Meta-**
Analytic Reviews
Florida State University

Clinical Supervision:

Summer 2021, **Supervisor - Preschool Summer Treatment Program (STP PreK)**
Summer 2022 *Florida International University, Center for Children and Families*
2020 – 2022 **Supervisor - Parent Child Interaction Therapy (PCIT) Clinic**
Florida International University, Center for Children and Families

2016 – 2018 **Peer Supervisor**
Florida State Psychology Clinic

CLINICAL EXPERIENCE

Summer 2021 **Preschool Summer Treatment Program (STP PreK)**
Summer 2022 **Center for Children and Families, Florida International University**
Miami, FL

2020 – 2022 **Parent Child Interaction Therapy (PCIT) Clinic**
Center for Children and Families, Florida International University
Miami, FL

2019 – 2020 **Center for ADHD**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

July – December **Mayerson Clinic Trauma and Neglect**
2019 **Cincinnati Children’s Hospital Medical Center**
Cincinnati, OH

July – December
2019 **Epilepsy Clinic**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

January –
July 2020 **TKOC – In-school Community Consultation for Children with Autism**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

January –
July 2020 **Sleep Disorders Clinic**
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

2014 – 2019 **Clinician at Children’s Learning Clinic (CLC)**
Tallahassee, FL

2017 – 2018 **Clinician at the Apalachee Center**
Tallahassee, FL

2014 – 2018
(Summers) **Therapy Group Co-Leader at the Multidisciplinary Center Florida State University**
Tallahassee, FL

2014 – 2016 **Clinician at Florida State Psychology Clinic**
Tallahassee, FL