THE IMPORTANCE OF PRIMARY CARE PHYSICIANS

A primary care physician (PCP) provides or coordinates a range of healthcare services for you and helps manage your day-to-day health needs. A long-term relationship with a PCP keeps you healthier and may reduce your medical costs over time.

A PCP HELPS YOU BY:

- ▶ Knowing your medical history
- ▶ Identifying problems before they become major issues
- ▶ Assessing the urgency of health problems
- ▶ Referring you to other medical specialists, if needed
- ▶ Providing a less expensive alternative to the Emergency Room

WHEN CHOOSING A PCP, CONSIDER QUESTIONS LIKE:

- ▶ Does this doctor take time to listen to you?
- ▶ Do your personalties mesh?
- ▶ Does this doctor feel like a partner?

Finding the right PCP for you can take time but improves your well-being in the long run. You can search for a PCP using the Find-A-Doctor tool available at AlabamaBlue.com.

TYPICAL COST OF CARE

PROVIDER	OUT-OF-POCKET
PCP	$
URGENT CARE	$$
EMERGENCY ROOM	$$$

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